

# Curriculum Vitae

## I. General Information:

1. First Name:	<b>EQREM</b>
2. Surname:	<b>Gara</b>
3. Nationality:	Kosovo
4. Date of Birth	12.08.1980
5. Birthplace-Municipality	Kizhnarekë – Drenasë
6. Gender:	M
7. Contact details:	
Email:	<a href="mailto:eqrem.gara@rezonanca-rks.com">eqrem.gara@rezonanca-rks.com</a>
Tel:	+38344185907
Mob:	+38344185907

## II. Education and training:

### Undergraduate Study:

Institution:	University of Pristina “ Hasan Prishtina” – Medicine Faculty
Degree Date:	Physiotherapy
Degree :	Bachelor of Physiotherapy

### Postgraduate Study:

#### Master Study:

Institution:	University of Pristina “ Hasan Prishtina” – Medicine Faculty
Degree Date:	18, 05, 2011 Pristina
Degree/ Master :	MSci
Title of Master Thesis :	The effectiveness of physiotherapeutic treatment at the early stage of rehabilitation in patients following cerebrovascular ischemic insult

### PhD Study:

Institution:	The University of Tirana - Faculty of Medical Technical Sciences
Degree Date:	22.02.2016
Degree / Doctorate :	Doctor in Physiotherapy
Title of PhD Thesis :	Efficacy of walking exercises vs. traditional physiotherapy in the acute stage of sickness with insult cerebral vascular

## III. Preview academic experience:

1	Chronology of gaining academic titles	Year	University	Faculty	Department
a	Junior Assistant				
c	Assistant				
d	Lecturer				
e	Senior Lecturer				
f	Prof. as.	7	College of Medical Sciences "Rezonanca" Pristina		Physiotherapy
g	Prof. asoc.				
h	Prof.				
i	Academic of science				

#### IV. Subject/s in which you are involved as teaching

No.	Study Program:	Subject/s
1.	Physiotherapy the first year	Basic Exercise Principles
2.	Physiotherapy second year	Clinical Kinesiology with Kinezimetry – 1
3.	Physiotherapy third year	Therapeutic Study

#### V. Research activities: Impact Factor Points for Academic Staff

<b>Research activities - Aktiviteti shkencor</b>				
No	Specifications (Specifikimi)	Number of publications (Numri i publikimeve)		
		From the bigining (Nga fillimi i karrierës)	In the past 5 years (Në 5 vitet e fundit)	In the past 3 years (Në 3 vitet e fundit)
1	Publications in the papers with "impact factor" as author Publikime në revista me "impakt faktor" si autor			
2	Publications in the papers with "impact factor" as coauthor Publikime në revista me "impakt faktor" si koautor			
3	Publications in the papers without "impact factor" as author Publikime në revista pa "imact faktor" si autor			
4	Publications in the papers without "impact factor" as coauthor Publikime në revista pa "imact faktor" si koautor			
5	Publications in the papers published in Kosovo as author Publikime në revista të Kosovës si autor		4	
6	Publications in the papers published in Kosovo as coauthor Publikime në revista të Kosovës si koautor		3	
7	Abstract from scientific conferences as author Abstrakte nga konferencat shkencore si autor		1	
8	Abstract from scientific conferences as coauthor Abstrakte nga konferencat shkencore si koautor		1	
9	Scientific monography as author Monografi shkencore si autor			
10	Scientific monography as coauthor Monografi shkencore si koautor			
11	Scientific books as author Libra shkencorë si autor		1	
12	Scientific books as coauthor Libra shkencorë si koautor		2	
13	Participation in international scientific projects Pjesëmarrja në projekte shkencore internacionale			
14	Other contributions Kontribute tjera			
15	University Textbook – Tekst universitar			
16	No. of citation of your publications – Nr. i citimeve të publikimeve tuaja			
	<b>TOTAL</b>			

## V.C. Presentations/Participation in Conferences, Congresses, symposiums, etc.

No.	Author, title, scientific meeting, abstracts book page	Oral present.	Poster present.	Participation
1	1st National Congress of Physiotherapy - Albania / Tirana			<input checked="" type="checkbox"/>
2	Second Congress of Physical Therapists of Macedonia with International Participation, 2016 Stuga			<input checked="" type="checkbox"/>
3	7 <sup>th</sup> International Symposium of Health Sciences, October 2016 Pristina-Kosovo			<input checked="" type="checkbox"/>
4	20 <sup>th</sup> European IAAH Congress with main topic " Social Media and Adolescents' Health", September 2016 Pristina - Kosovo			<input checked="" type="checkbox"/>
5	6 <sup>th</sup> International Conference for Pain Treatment, October 2016 Prizren-Kosovo			<input checked="" type="checkbox"/>
6	Physiotherapy management of spinal cord injuries, Course, June 2016			<input checked="" type="checkbox"/>
7	Managing Children with Cerebral Palsy ( MCCP MOOC ), October 2016			<input checked="" type="checkbox"/>
8	First international congress of physiotherapy in Kosovo			<input checked="" type="checkbox"/>
9	European college of sport science 24-27 June 2015 Malmo-Sweden	<input checked="" type="checkbox"/>		
10	European college of sport science 24-27 June 2015 Malmo-Sweden		<input checked="" type="checkbox"/>	
11				
12				

## VI. Working Experience:

Institution and location:	University Clinical Center of Kosovo - Clinic of Physical Medicine with Rehabilitation Pristina
Period:	From 2008 and continue working today
Position :	Bachelor of Physiotherapy
Description :	
Institution and location:	The College of Medical Sciences 'Rezonanca' Pristina
Period:	From 2012- and continue working today
Position :	Professor - Assistant
Description :	

## VII. Other Experiences:

C.	Members of Associations	Status in Association	Year
1	Kosovo Chamber of Physiotherapy	Member	2015
2	Members of the Albanian Association of Physiotherapy	Member	2012
3			
4			

VIII. Additional information:

Organizational skills and competences:	25		
Computer skills and competences:	Exelente		
Language skills: (1 to 5: 1 lowest - 5 fluent)			
Language	Speaking	Writing	Reading
English	5	5	5
Macedonian			
Serbo-Croatian	5	5	5
Turkish			

Name and surname:

Signature \_\_\_\_\_

Pristina, dt.21.02.2019