



# CV Besa Begu

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## About me

Positive and goal-oriented with passion for preventive dental care and oral health promotion. I am described as a very happy, easy-going person who loves to work with others in team where the subject is about developing something big. I am passionate about my profession and helping my patients maintain good oral health is always a priority to me. I have extensive experience in the oral health prevention both clinically but also within field work, among children and vulnerable groups. My experience in the academic environment has strengthened my professional role as the first dental hygienist in Kosovo. Over the past two years I have been working on my own dental cabinet offering only Guided Biofilm Therapy as the focus treatment and promoting the protocol as the first GBT Ambassador in the region. I choose to call myself Oral Health promoter and philanthropist in promoting oral health among Kosovar population.

## Education

### Master of Arts in Health Management 120hp

*Iliria University- Pristina, Kosovo-2017*

### Master of Science in Odontology with Specialization in Oral Health 60hp

*Malmö University- Malmö, Sweden -2013*

### Business Start up Center Kosovo

*School of Entrepreneurship –Pristina, Kosovo  
2008 (10 weeks)*

### School of European Studies

*Kosovar Civil Society Foundation- Pristina, Kosovo 2006 (8 weeks)*

### Bachelor's degree in Oral Health Science 60hp

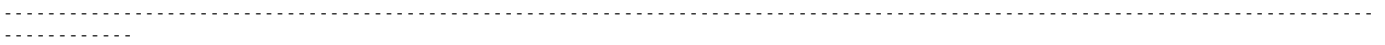
*Kristianstad's University- Kristianstad, Sweden- 2004*

### Diploma in Dental Hygiene 120hp

*Karolinska Institute- Stockholm, Sweden- 2003*

### Malmö Hälso- Vård Gymnasium

*Dental nurse- Malmö, Sweden-2001*



## Experience

### Besa Begu- Dental Hygienist LLC

August 2019

Owner of private dental clinic in Pristina. Offering high quality preventive dental care services with focus on Guided Biofilm Therapy with state of art technology by EMS Dental.

### Humble Smile Foundation Ambassador

May 2019

Representing Humble Smile Foundation as the only Dental Hygienist among 12 global ambassadors. Managing and implementing oral health promotion projects with Roma community in Kosovo, who are marginalized and lives under poor conditions and no access to dental care. Partners: Humble Smile Foundation, The Ideas Partnership and Humble Co.

### Guided Biofilm Ambassador- EMS Dental.

May 2019

Promoting GBT/EMS thru social media and different promotion activities as the leader in offering best solution for safe and pain free professional dental cleanings.

### Summer Dental School- UBT, Pristina-Kosovo

Lecturer- July 2018

Workshop: Dental Hygiene

Lecture: The role of Dental Hygienist in Dentistry

### Advanced Dental Center, Pristina- Kosovo

Dental Hygienist- 2008-2019

Worked as dental hygienist mainly with periodontal treatments and prophylaxis. Patients centered dental care was always a priority. Respectful of and responsive to individual patient preferences, needs and values, ensuring that these helps guide clinical decisions for and by the patient.

### Dental Care Kosova

Owner of the company- 2015

Managing director and representative for Kosovo of Swedish company – TePe Munhygienprodukter AB- Oral health care products.

### Rezonanca University of Medical Science, Pristina-Kosovo

Lecturer- 2014-2017

Lecturing Dental students in Dental Hygiene.

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## Center for Preventive Dentistry-NGO

Philanthropist- Founder of the organization- 2008

Managing and creating oral health promotion projects and concepts in Kosovo, (based in schools and kindergartens).

## UPS-United Parcel Service

Account executive- 2006-2007

Worked in sales, visited almost 100 companies- presenting and selling UPS products.

## Meditech

Head of office administration-2005

Worked with administration and organization of office work. Prepared tenders corresponded with cooperation international companies and University Hospital in Kosovo.

## Nöbbelöv- Community Dental Office

Dental Hygienist- 2003-2004

Worked as a dental hygienist with preventive dental care with both adults and children.

## Bank of Scandia

Telephonist – Saving adviser- 2001-2002

## Awards and certificates

### **Certificate from Swiss Dental Academy- Completed Guided Biofilm Therapy training.**

Theory session and Hands on session.  
(May 2019)

### **Member of International Federation of Dental Hygienist**

(December 2018)

### **Member of Swedish Society Dentistry**

(since 2013)

### **Certificate from KCSF- Kosovar Civil Society Foundation**

in support of Kosovo's European and Regional Integration on "*Environmental Policy*" (April 2008)

### **Certificate from NAAC- Hope Fellowship Program for LEADERSHIP**

(*Leadership, Effective Communication, Public Policy Making, Project Proposal Writing and Fundraising*)  
(January- March 2007)

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**Certificate from KCSF- Kosovar Civil Society Foundation**  
in support of Kosovo's European and Regional Integration  
on "Application Procedures for EU Funding" (December 2007)

**Certificate from KEC –Kosova EducationCenter** on  
Education program "Step by Step" (June 2006)

**Certificate from 'Kosova Chamber of Commerce'** 'Set-  
up of Enterprises and the Financial Administration in an Open  
Economy' (Nov. 2004)

**Awarded for the fellow of year 2002 from Swedish Dental  
Hygienist Association- year 2002**

Awarded to this year's fellow for the execution of projects in  
Kosovo among war victims in "Center for Rehabilitation of  
Mothers and Children". The project consisted of clinical  
examination of 150 children and lecture oral in health. The children  
learned how to maintain good oral health and good nutrition.

## Publications

- 1) Evaluation of oral health situation and importance of oral health in Kosovo. (May 2017). Iliria University, Kosovo.
- 2) Caries in Kosovo, Related to Social determinants of oral health. (August 2012). Malmo University, Sweden.
- 3) IMedica (Health Magazine no.3 August 2009) "Dental care in patients with Down Syndrome"
- 4) IMedica plus (Health Magazine no.06 February 2008) "Dental Care of primary teeth"
- 5) IMedica plus (Health Magazine no.05 December 2007) "The importance of primary teeth"
- 6) IMedica plus (Health Magazine no.04 October 2007) "Preventive Dental Care among children"
- 7) Education, attitudes and behavior in relation to preventive dental care among dentist students at the school of dentistry in Pristina, Kosova (17.05.2004). Kristianstad University, Sweden.
- 8) SRAT Informationen (No.3 July 2003, page 4) "To Kosovo with Love" Tandhygienistidningen (Dental Hygienist Association Newspaper) (No.6 2002, page 61) "Pristina Kosovo 2002"

## Other

### Computer knowledge

1. Operating systems (Windows and MacOS) ...
2. Office suites (Microsoft Office, G Suite) ...
3. Presentation software (PowerPoint, Keynote) ...
4. Spreadsheets (Excel, Google Spreadsheets, etc.) ...

## Language knowledge

Fluently speaking and writing: Albanian,

Swedish and English

Speaking: Serbo croatian

Driving license – category B

## Refereces

Prof. assoc Merita Koçinaj-Berisha

Pristina Medical University

[merita.berisha@uni-pr.edu](mailto:merita.berisha@uni-pr.edu)

Prof. assoc. Naser Ramadani

Head of National Institute of Public Health of Kosovo

[Naser.ramadani@uni-pr.edu](mailto:Naser.ramadani@uni-pr.edu)

Dr.Fisnik Mekaj, Oral Surgeon Owner of –  
Advanced Dental Center