

Curriculum Vitae

I. General Informations:

| | |
|----------------------------|--|
| 1. First Name: | Memedi |
| 2. Surname: | Besim |
| 3. Nationality: | Albanien - Mazedonien |
| 4. Date of Birth | 08.01.1975 |
| 5. Birthplace-Municipality | Gostivar |
| 6. Gender: | Male |
| 7. Contact details: | Debrese - Gostivar |
| Email: | besim.memedi@rezonanca-rks.com besim_memedi@hotmail.com |
| Tel: | |
| Mob: | 043 943 153, viber 0038970571032 |

II. Education and training

Undergraduate Study:

| | |
|--------------|---|
| Institution: | Trakia University - Stara Zagora FACULTY OF MEDICINE Address: 6000 Stara Zagora, Armeiska street №11 Tel: 042 664407 |
| DegreeDate: | 21.10.2002 |
| Degree : | Master'sdegrees (5+1) |

Postgraduate Study:

Master Study:

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|--------------------------|---|
| Institution: | Trakia University - Stara Zagora FACULTY OF MEDICINE |
| Degree Date: | 21.10.2002 |
| Degree/ Master : | 21.10.2002 |
| Title of Master Thesis : | Sistemi arsimor-shkencor është 5+1 Titulli - Master i Mjekësis Përgjithshme |

PhD Study:

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|-----------------------|---|
| Institution: | Medical University – Sofia МЕДИЦИНСКИ ФАКУЛТЕТ МФ на МУ-СОФИЯ – АДРЕС:1431София, ул. "Св. ГеоргиСофийски" № 1 Тел. +359 2 9521 046; +359 2 9520 337 |
| DegreeDate: | 12.03.2014 |
| Degree / Doctorate : | PhD, Pharmacology (pharmacokinetics and chemotherapy) |
| Title of PhD Thesis : | Pharmacological studies in the role of cytokines and oxidative stress in the mechanisms of obesity and prediabet |

Specialization:

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| Institution: | |
| Degree Date: | |
| Speciality : | |

Training:

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| Institution: | Hospital Gostivar, Macedonia |
| Degree Date: | April. 2006 |
| Training Course : | Basic HIV and AIDS Training Course for Primary Health Care Providers |

III. Preview academic experience:

| 1 | Chronology of gaining academic titles | Year | University | Faculty | Department |
|---|---------------------------------------|-----------|-----------------------|----------|---|
| a | Junior Assistant | 2004/05 | Universitet of Tetovo | Medicine | Anatomy |
| c | Assistant | | | | |
| d | Lecturer | 2006-2013 | Medicine of Gostivar | Medicine | Mikrobiology Intern Medicine and Pediatri |

| | | | | | |
|---|---------------------|-------------|-------------------------|----------------------------|--|
| e | Senior Lecturer | | | | |
| f | Prof. as. | 2014/1 7 | University of Tetovo | Facultet of Medicine | Pharmacol ogy and Health education 1 |
| g | Prof. asoc. | | | | |
| h | Prof. | | | | |
| i | Academic of science | | | | |

IV. Subject/s in which you are involved as teaching

| No. | Study Program: | Subject/s |
|-----|-----------------------------|------------------|
| 1. | Pharmacology and Toxicology | Pharmacology |
| 2. | Health education | Health education |
| 3. | Pediatri | Pediatri |

V. Research activities: Impact Factor Points for Academic Staff

V.A. The data for publications/Citations

| No. | Author, title, paper, year, volume, number, pages | "Impact factor" points | Without "Impact factor" | Citation of your publication: Journal, Volum, Number, pages |
|-----|---|------------------------|-------------------------------------|--|
| 1 | Memedi B , N, Bojadxhieva, I. Xhaferi. Roli I Lipokalin-2 ndajobezitetitdhesemundjes se sheqerit. Medicus 2010, VIII (I), 287-90. | | <input checked="" type="checkbox"/> | |
| 2 | Мемеди Б , П. Гатева, Н. Бояджиева. Адипоцитокини и инсулиновата резистетност. НаукаЕндокринология, 2011, 1, 17-8. | | <input checked="" type="checkbox"/> | |
| 3 | Мемеди Б , П. Гатева, Н. Бояджиева. Епигенетика на адипогенезата. НаукаЕндокринология, 2011, 2, 63-4. | | <input checked="" type="checkbox"/> | |
| 4 | Memedi B , M.Trajkova, N.Boyadjieva. Effects of palm oil and the free radicals formation in the blood plasma and liver of juvenile rat exposed to a fat-rich diet. | | <input checked="" type="checkbox"/> | |

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|----|---|---|-------------------------------------|--|
| | Trakia-journal-of-sciences.2012, Supp.1,321-5 | | | |
| 5 | Memedin B , M.Trajkova, N.Bojaxhieva Ndikimi i vajit të Palmës ndaj radikalëve të lire, studiomet krahsuese (dalluese) në mes minjëve meshkuj dhe femra. Medicus, 2012, 17 (2), 202-5 | | <input checked="" type="checkbox"/> | |
| 6 | Besim M , M.Varadinova, N.Boyadjieva Metformin Antagonizes the Effects of Palm oil on Glucose Metabolism and Plasma Levels of IFN-gamma MEDICUS-ISSN-1409-UDC 61.Vol.20(1).2015, 18-22. | | <input checked="" type="checkbox"/> | |
| 7 | Georgi Bogdanov and Besim Memedi Effects of refined palm oil on glucose metabolism and pro-inflammatory cytokines Accepted 9th October, 2015 Academia Journal of Microbiology Research 3(3): 000-000, October 2015 DOI: 10.15413/ajmr.2015.0XXX ISSN 2315-7771 ©2015 Academia Publishing | DOI: 10.15413/ajmr.2015.0XXX ISSN 2315-7771 | | |
| 8 | Besim Memedi , P.Gateva, N.Nuhiu, B.Ismaili Përdorimi i Antibiotikëve në Maqedoni dhe Bulgari. Takim Profesional Mjekësor XXI, ISSN 1409 UDC 61.Vol-49, 2016 | | <input checked="" type="checkbox"/> | |
| 9 | Nuhi Nexhibe, Stankovska G, D.Selmani,Ibraimi Z, Besim Memedi Aspektet psikologjike dhe farmakologjike të simptomeve depresive te pacientët me Shizofreni, MEDICUS ISSN 1409 UDC 61 Vol – 22 (3) 2017, 326 - 330 | | <input checked="" type="checkbox"/> | |
| 10 | Besim Memedi , Nadka Bojaxhieva, Arian Idrizaj. Study on the Impact of Metformin on the Effect of Palm oil in the metabolism of carbohydrates. UDC -61, ISSN: 2545-4870 (online). Acta Medica Balkanica, vol.4/No-7-8 / 2019, 152 | | <input checked="" type="checkbox"/> | |
| 11 | Besim Memedi , Selim Çerkezi, Bekim Ismaili, Muhamed Tair. Adiponektin and the role of Interleukin-6 (IL-6) in insulin resistency and Diabetes mechanism and the role of tumor necrosis factor (TNF- α) in pre-diabetes, insulin resistancy, insulin resistency and Obesity | | <input checked="" type="checkbox"/> | |

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| | mechanisms. MEDICUS 2019, Vol.24 (2): 160-164 | | | |
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V.C. Presentations/Participation in Conferences, Congresses, symposiums, etc.

| | Author, title, scientific meeting, abstracts book page | Oral present . | Poster present. | Participation |
|----|---|-------------------------------------|---|-------------------------------------|
| 1. | ДацовЦ.,Варадинова, Б. Мемеди , Н. Бояджиева. Експериментален захарен диабет : хормонални и поведенически изследвания. Юбилейна научна конференция 15 години Тракийски университет. 12.05.2010, СтараЗагора. | | <input checked="" type="checkbox"/> N-25 | |
| 2 | Мемеди Б. , П. Гатева, Н. Бояджиева. Ефект на фруктоза върху цитокини. Юбилейна научна конференция 15 годиниТракийски университет.12.05.2010, СтараЗагора. | | <input checked="" type="checkbox"/> N-29 | |
| 3 | Мемеди Б. , Т. Ханджиева-Дърленска, Н.Бояджиева. Фармакологични изследяания върху параметри на въглехидратна и мастнаобмя на подвлияние на фруктоза. Юбилейнанаучнаконференция 15 годиниТракийскиуниверситет. 12.05.2010, СтараЗагора. | | <input checked="" type="checkbox"/> N-30 | |
| 4 | Memedi B , P. gateva, N. Bojadxhieva. Roli I Fruktozesdhecitokinevendajobezitetitdhedidiabetit. Simpozium per abdomen acut, Kercove, octomber 29-30, 2010. | <input checked="" type="checkbox"/> | | |
| 5 | Besim Memedi ,N.Behxheti,B.Ismaili,F.Fejzullai. Ndikimil IDëmshëm I ProdukteveUshqimoe me Vaj Palme nëMoshën e Adoleshencës, ndajObezitetitdheDiabetit. TakimProfesionalMjekësor 30 Tetor – 01.Nëntor, 2015 Strugë | | <input checked="" type="checkbox"/> | |
| 6 | Besim Memedi , DIABETES Forum Fur MedizinischeFortbildung 3 – 5. Dezember 2015 / Zurich | | | <input checked="" type="checkbox"/> |

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|----|--|-------------------------------------|--|-------------------------------------|
| 7 | Besim Memedi , Blerim Krasniqi, D.Bexheti, L.Zulbehari, D.Selmani The PositivEffects Of Palm Oil on Managing Hypercholesterolemia, Hypertriglyceridemia and Early Prevention of Atherosclerosis Internacional ScientificConference of Faculty of Medical Sciences June 3-4, 2016 / Tetova, Macedonia | <input checked="" type="checkbox"/> | | |
| 8 | Besim Memedi , DIABETES Forum Fur MedizinischeFortbildung 24-26.11.2016 / Zurich | | | <input checked="" type="checkbox"/> |
| 9 | Besim Memedi , Arben Taravari, Basri Lenjani, Fadil Cana. Efekti i produkteve ushqimore me vaj palme, tek pacientët me Diabet tip 2. International Conference of Medical Sciences, 25 may 2018, Prishtine – Kosovo. | <input checked="" type="checkbox"/> | | |
| 10 | Besim Memedi , Shpetim Rexhepi, Egzona Iseni. Statistical analysis on the enormous grpwth of respiratory diseases from air pollution in Tetovo and Gostivar 2016/2017. UNIVERSITY ” MOTHER TERESA ”- SKOPJE. 2ND INTERNATIONAL CONFERENCE Towards Suistanable Development – TSD 2018. Skopje 2-3 November. | <input checked="" type="checkbox"/> | | |
| 11 | Besim Memedi , Konferenca Mjekësore e Endokrinologjisë. DIABETI 2019: Risitë e fundit në trajtimin e tij, 3,9 kredite. 27.06.2019 / Tiranë. | | | <input checked="" type="checkbox"/> |
| 12 | | | | |

V.D. Scientific Interests:

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| Topic: | Pharmacology and Toxicology |
| Description : | Role of cytokines and oxidative stress in the mechanisms of obesity and prediabet |
| Topic: | Palm Oil and Diabet |
| Description : | / |

VI. Working Experiences:

| | |
|---------------------------|-------------|
| Institution and location: | GOSTIVAR |
| Period: | 2002 – 2005 |
| Position : | Doctors |
| Description : | |

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|---------------------------|------------------------------------|---------------|
| Institution and location: | Colege– Medicine „GOSTIVAR,, | |
| Period: | 2006 – 2013 | |
| Position : | Profesor | |
| Description : | Lecturer | |
| Institution and location: | University of Rezonanca - PRISTINA | |
| Period: | 2014 / 15 / 16 | 2017 /18 / 19 |
| Position : | Prof. | Prof.Ass. |
| Description : | | |

VII. Other Experiences:

| A. | Managing experiences, projects managing, etc. | Year | University | Faculty | Department |
|----|---|------|------------|---------|------------|
| 1 | | | | | |
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| 3 | | | | | |
| 4 | | | | | |
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| B. | Mobility / reasons | Year | University | Faculty | Department |
|----|--------------------|------|------------|---------|------------|
| 1 | | | | | |
| 2 | | | | | |
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| C. | Members of Associations | Status in Association | Year |
|----|-------------------------|-----------------------|------|
| 1 | Societaty of cardiology | Bourd of societaty | 2005 |
| 2 | | | |
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VIII. Additional informations:

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| Organizational skills and competences: | |
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| Computer skills and competences: | Word, Power Point, Exell etc. | | |
| Language skills: (1 to 5: 1 lowest - 5 fluent) | | | |
| Language | Speaking | Writing | Reading |
| Deutsch | 4 | 4 | 4 |
| Macedonien | 5 | 5 | 5 |
| Bulgarien | 5 | 4 | 5 |

Name and surname: Besim Memedi

Signature _____

Pristina, 23.01. 2020