

Curriculum Vitae

I. General Informations:

1. First Name:	Adelina
2. Surname:	Lahu
3. Nationality:	Albanian
4. Date of Birth	18.08.1991
5. Birthplace-Municipality	Vushtrri - Kosovo
6. Gender:	Female
7. Contact details:	
Email:	Adelinalahu@gmail.com
Tel:	
Mob:	0038345334333

II. Education and training

Undergraduate Study:

Institution:	University of Prishtina - Faculty of Medicine
Degree Date:	November 2014
Degree :	General Nursing

Postgraduate Study:

Master Study:

Institution:	University of Prishtina - Faculty of Medicine
Degree Date:	June 2020
Degree/ Master :	Health Care Education
Title of Master Thesis :	Evaluation of knowledge, attitudes and practices in alcohol consumption among young people.

PhD Study:

Institution:	
Degree Date:	
Degree / Doctorate :	
Title of PhD Thesis :	

Specialization:

Institution:	University Clinical Center of Kosovo
Degree Date:	April 2019
Speciality :	Scrub Nurse

Subspecialization:

Institution:	
Degree Date:	
Subspeciality :	

Training:

Institution:	Medtronic
Degree Date:	19-20 March, 2019
Training Course :	Surgical Nursing Solutions, Workshop - Istanbul
Institution:	Pflegezentrum Mattenhof, Zurich (Switzerland)
Degree Date:	11/08/15 – 10/12/15
Training Course :	4-month internship for nurses

III. Preview academic experience:

1	Chronology of gaining academic titles	Year	University	Faculty	Department
a	Junior Assistant				
c	Assistant	2020	COLLEGE "REZONANCA"	MEDICAL SCIENCES	NURSING
d	Lecturer				
e	Senior Lecturer				
f	Prof. as.				
g	Prof. asoc.				
h	Prof.				
i	Academic of science				

IV. Subject/s in which you are involved as teaching

No.	Study Program:	Subject/s
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1.	Surgical Nursing	Program for continuing professional education for surgical nurses1 OIK and Kosovo Association of Surgical Nurses
2.		
3.		

V. Research activities: Impact Factor Points for Academic Staff

V.A. The data for publications/Citations

No.	Author, title, paper, year, volume, number, pages	"Impact factor" points	Without "Impact factor"	Citation of your publication: Journal, Volum, Number, pages
1				
2				
3				
4				
5				
6				
7				
8				
9				
10				
TOTAL:				

V.B. The data for other publications

No.	Title, Specification	Year
1		
2		
3		
4		
5		

V.C. Presentations/Participation in Conferences, Congresses, symposiums, etc.

No.	Author, title, scientific meeting, abstracts book page	Oral present.	Poster present.	Participation
1	20TH IAAH EUROPEAN CONGRESS "SOCIAL MEDIA AND ADOLESCENT HEALTH" September 2016		<input checked="" type="checkbox"/>	
2	"KISCOMS IV-Pristina 2014"	<input checked="" type="checkbox"/>		
3	"KISCOMS IV-Prishtina Maj 2015"	<input checked="" type="checkbox"/>		
4	Nurse Day- International Symposium; Maj 2017;	<input checked="" type="checkbox"/>		

5	"Capnography" COL Thomas Stein,MD (Camp Bondsteel 21.February 2013)			<input checked="" type="checkbox"/>
6	"Psychiatric Emergencies" MAJ Tracy Loper,MD (Camp Bondsteel 07.Mars 2013)			<input checked="" type="checkbox"/>
7	" Rapid Sequence Intubation"- LTC Gavin O. Hitchcock, CRNA (Camp Bondsteel- 02.July 2013)			<input checked="" type="checkbox"/>
8	"Advanced Pre-Hospital-Resuscitation Team Case Reviews", CPT Christophet T. Stephens,MD.MC.FS (Camp Bonsteel- 18.September 2013)			<input checked="" type="checkbox"/>
9	"Immediately Life-Threatening Chest Injures, and Chest Injures "In the Box"" MAJ Ryan Lehmann, DO General Surgeon (May 2014)			<input checked="" type="checkbox"/>
10	"5th Congress of Macedonian Anesthetists with Participation International "02-05 October 2014			<input checked="" type="checkbox"/>
11				
12				
13				

V.D. Scientific Interests:

Topic:	Surgery
Description :	Standard safety precautions, Therapeutic environment in OT, Infection control measures in OT, Surgical Asepsis, Universal precautions, Biomedical waste management, Role of scrub nurse in the OT etc.
Topic:	
Description :	

VI. Working Experiences:

Institution and location:	University Clinical Center of Kosovo, Pristina
Period:	2017 - continues
Position :	Surgical Nurse
Description :	Setin up the operating room for the patient, ensure all the tools are sterile and ready to go, hand tools to the doctor during the surgery, and perform other duties inside the surgical room
Institution and location:	College "Rezonanca", Pristina
Period:	2020- continues
Position :	Teaching Assistant
Description :	Assitant in Nursing Practice, for modules : General Nursing Practices and Care for Surgical Patients.
Institution and location:	ALOKA Surgery Clinic, Pristina (Kosovo)

Period:	01/11/13 – 25/01/15
Position :	General Nurse
Description :	Record medical history and symptoms, Collaborate with teams to plan for patient care, Advocate for the health and wellbeing of patients, Monitor patient health and record signs, Administer medications and treatments, Operate medical equipment, Perform diagnostic tests, Educate patients about management of illnesses, etc.
Institution and location:	SIRONA Hospital, Pristina
Period:	01/09/16 – 31/03/17
Position :	General Nurse
Description :	Record medical history and symptoms, Collaborate with teams to plan for patient care, Advocate for the health and wellbeing of patients, Monitor patient health and record signs, Administer medications and treatments, Operate medical equipment, Perform diagnostic tests, Educate patients about management of illnesses, etc.

VII. Other Experiences:

A.	Managing experiences, projects managing, etc.	Year	University	Faculty	Department
1					
2					
3					
4					
5					

B.	Mobility / reasons	Year	University	Faculty	Department
1					
2					
3					

C.	Members of Associations	Status in Association	Year
1	Kosovo Association of Surgical Nurses	President and Founder	2020
2	Trade Union of Nurses, Midwives and Other Health Professionals	Vice President of the Youth Council	2019
3			
4			
5			

VIII. Additional informations:

Organizational skills and competences:	<p>During my studies I was the president of my generation in the field of nursing (2011-2014).</p> <p>At the same time, part of the student organizations and the student council, as well as members of national and international medical student organizations such as: EMSA, KISCOMS.</p> <p>For years organizer of the largest local international congress KISCOMS IV, V,, Nurse Day - International Symposium, Dentist Day - International Symposium.</p> <p>Recently, I joined the nurses' union for the protection of nursing rights. Also, in the last year I have established the Kosovo Association of Surgical Nurses.</p>		
Computer skills and competences:	I am well versed in computer (Microsoft office- Word, Excel, Outlook, Power Point, and Internet), as well as other devices telecommunications.		
Language skills: (1 to 5: 1 lowest - 5 fluent)			
Language	Speaking	Writing	Reading
German	5	5	5
English	3	4	4

Name and surname:

Adelina Lahu

Signature:

A.Lahu

Pristina, dt. 30.01.2021