

Curriculum Vitae

I. General Informations:

1. First Name:	Blerton
2. Surname:	Hulaj
3. Nationality:	Kosovar/Albanian
4. Date of Birth	27.04.1992
5. Birthplace-Municipality	Deçan, Republic of Kosova
6. Gender:	Male
7. Contact details:	
Email:	Blerton.hulaj@rezonanca-rks.com
Tel:	+38349251178
Mob:	+38349251178

II. Education and training

Undergraduate Study:

Institution:	University of Prishtina, Medical Faculty – Physiotherapy Branch
Degree Date:	01.12.2014
Degree :	Bachelor of Physiotherapy

Postgraduate Study:

Master Study:

Institution:	University of Prishtina, Medical Faculty – Health Care Education
Degree Date:	10.09.2019
Degree/ Master :	Master of Science in Health Care Education
Title of Master Thesis :	Connectivity between physical activity and food in health and performance of children

PhD Study:

Institution:	Ss. Cyril and Methodius University" in Skopje, Faculty for Physical Education, Sport and Health
Degree Date:	01.09.2021 - Current
Degree / Doctorate :	Kinesiology
Title of PhD Thesis :	/////

Specialization:

Institution:	
Degree Date:	
Speciality :	

Subspecialization:

Institution:	
Degree Date:	
Subspeciality :	

Training:

Institution:	Albanian Association of Physiotherapists
Degree Date:	06.02.2016
Training Course :	KINESIO TAPE METHOD IN REHABILITATION AND SPORTS MEDICINE
Institution:	Albanian Association of Physiotherapists
Degree Date:	19.06.2016
Training Course :	TRACTION VERTEBRAE IN PHYSIOTHERAPY, INDICATIONS AND METHODS OF APPLICATION
Institution:	Albanian Association of Physiotherapists
Degree Date:	10.04.2016
Training Course :	PILATES METHOD IN PHYSIOTHERAPY
Institution:	Iskra Medical (Slovenia) and Kosovo Chamber of Physiotherapy
Degree Date:	15.11.2016
Training Course :	FUNCTIONAL MAGNETIC STIMULATION-FMS
Institution:	Kosovo Chamber of Physiotherapy
Degree Date:	27.12.2016
Training Course :	RESPIRATORY AND CARDIO VASCULAR REHABILITATION
Institution:	Albanian Association of Physiotherapists
Degree Date:	12.02.2017
Training Course :	RADIOLOGICAL DIAGNOSTICS OF OSTEOARTICULAR PATHOLOGIES IN PHYSIOTHERAPY
Institution:	Albanian Association of Physiotherapists

Degree Date:	21.05.2017
Training Course :	CERTIFICATE OF PARTICIPATION IN III NATIONAL CONGRESS OF PHYSIOTHERAPY
Institution:	Federation Internationale de Football Association
Degree Date:	15.01.2018 – 10.04.2018
Training Course :	FIFA DIPLOMA IN FOOTBALL MEDICINE
Institution:	Albanian Association of Physiotherapists
Degree Date:	24.06.2018
Training Course :	CLINICAL ACUPUNCTURE IN PHYSIOTHERAPY
Institution:	Institute for Research and Training in Medical Sciences 'Rezonanca'
Degree Date:	06.10.2018
Training Course :	TREATMENT OF CERVICAL, THORACIC AND PARIETAL SYSTEM IN OSTEOPATHY
Institution:	Physioplus – Online Course
Degree Date:	06.05.2020
Training Course :	CORONAVIRUS DISEASE PROGRAMME
Institution:	International Olympic Committee
Degree Date:	15.05.2020
Training Course :	SPORTS NUTRITION: EAT TO COMPETE
Institution:	Physioplus
Degree Date:	18.05.2020
Training Course :	ACL REHABILITATION
Institution:	Albanian Association of Physiotherapy
Degree Date:	06.05.2018
Institution:	Universum College
Degree Date:	28.06.2021
Training Course :	Design, realization and publication of scientific studies
Training Course :	MANUAL PHYSIOTHERAPY: MOBILIZATION AND MANIPULATION OF ARTICULATIONS
Institution:	Kosovo Chamber of Physiotherapists
Degree Date:	12.09.2020

Training Course :	FIRST INTERNATIONAL SCIENTIFIC SYMPOSIUM OF PHYSIOTHERAPY IN KOSOVO
Institution:	Kosovo Chamber of Physiotherapists
Degree Date:	25/02/2022
Training Course :	Modern Modalities Improving MSK Patient Outcomes
Institution:	O.M.T Training
Degree Date:	03.01.2022 – 31.03.2022
Training Course :	Diploma in Osteopathic & Chiropractic Techniques
Institution:	Care Adjustment
Degree Date:	15-16-17 July, 2022
Training Course :	Osteopathic Spinal & Peripheral Manipulation
Institution:	
Degree Date:	
Training Course :	

III. Preview academic experience:

1	Chronology of gaining academic titles	Year	University	Faculty	Department
a	Junior Assistant				
c	Assistant				
d	Lecturer	2020/21	Universum College	Nursing	Nursing
e	Senior Lecturer Senior Lectures	2021/22 2022/2023	Alma Mater Europaea Campus College "Rezonanca"	Physiotherapy	Physiotherapy
f	Prof. as.				
g	Prof. asoc.				
h	Prof.				
i	Academic of science				

IV. Subject/s in which you are involved as teaching

No.	Study Program:	Subject/s
1.	Physiotherapy	Kinesiology and Biomechanics
2.	Physiotherapy	Manipulative Physiotherapy
3.	Nursing	Health Care Education

4.	Physiotherapy	Physiotherapy in Pulmunology
5.	Physiotherapy	Physiotherapy in Cardiology

V. Research activities: Impact Factor Points for Academic Staff

V.A. The data for publications/Citations

No.	Author, title, paper, year, volume, number, pages	"Impact factor" points	Without "Impact factor"	Citation of your publication: Journal, Volum, Number, pages
1	<u>B.Hulaj et al, Correlation between food choices and body composition as factors in children's health; Research in Physical Education, Sport and Health; 2022, Vol. 11, No. 1, pp.231-238</u>			2022, Vol. 11, No. 1, pp.231-238
2				
3				
4				
5				
6				
7				
8				
9				
10				
	TOTAL:			

V.B. The data for other publications

No.	Title, Specification	Year
1		
2		
3		
4		
5		

V.C. Presentations/Participation in Conferences, Congresses, symposiums, etc.

No.	Author, title, scientific meeting, abstracts book page	Oral present.	Poster present.	Participation
1	Third National Congress of Physiotherapy 12 lecturing hours Abstract book: ISBN 978-9928-206-78-7			Participation
2	First international scientific symposium of physiotherapy in Kosovo, Pristina			Participation
3	Second International Physiotherapy Conference, Pristina			Participation
4	5th International Scientific Conference - Research in Physical Education, Sport and Health, RPESH2022, Skopje	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	Participation
5.	4th International Congres of Physiotherapy Topic presented: The use of Dry Needling method by Physiotherapists in Republic of Kosovo	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	Participation

V.D. Scientific Interests:

Topic:	Kinesiology
Description :	Because my PhD its in Kinesiology
Topic:	Physiotherapy
Description :	Because my BSc studies are in physiotherapy, also Kinesiology is a very interestion part of physiotherapy.

VI. Working Experiences:

Institution and location:	Serena Center, Prishtine
Period:	2015-Current (Part Time)
Position :	Physiotherapist
Description :	Human health and social work activities
Institution and location:	KFOR – Film City
Period:	2015-2020
Position :	Physiotherapist
Description :	Human health and social work activities
Institution and location:	Universum College
Period:	2020-2021
Position :	Lecturer

Description :	Lecturer in the Nursing Department
Institution and location:	Alma Mater Europaea Campus College "Rezonanca"
Period:	2021-Current (Full time)
Position :	Lecturer
Description :	Lecturer in the Physiotherapy Department

VII. Other Experiences:

A.	Managing experiences, projects managing, etc.	Year	University	Faculty	Department
1					
2					
3					
4					
5					

B.	Mobility / reasons	Year	University	Faculty	Department
1					
2					
3					

C.	Members of Associations	Status in Association	Year
1	Kosovo Chamber of Physiotherapists	Member	2020
2			
3			
4			
5			

VIII. Additional information's:

Organizational skills and competences:	<p>Excellent written and verbal communication skills.</p> <p>Confident, articulate, and professional speaking abilities</p> <p>Empathic listener and persuasive speaker.</p> <p>Writing creative or factual.</p> <p>Speaking in public, to groups, or via electronic media.</p> <p>Excellent presentation and negotiation skills.</p> <p>Able to work well in Teams.</p>
Computer skills and competences:	<p>Creating and keeping deadlines, delegation, goal setting and meeting goals, decision making managing appointments, team management, making schedules, problem solving, productivity, teamwork, team leadership,</p>

	multitasking, strategic thinking, implementing strategy, direction, guidance, control and coordination.		
Language skills: (1 to 5: 1 lowest - 5 fluent)			
Language	Speaking	Writing	Reading
Albanian (Mother tongue's)	5	5	5
English	5	5	5
Croatian	1	4	4
Spanish	2	3	3
German	1	2	3

Name and surname: Blerton Hulaaj

Signature: 

Pristina, dt. 24.02.2023