

Curriculum Vitae

I. General Informations:

1. First Name:	Podvorica
2. Surname:	Elvana
3. Nationality:	Albanian
4. Date of Birth	03.02.1985
5. Birthplace-Municipality	Podujeve
6. Gender:	Female
7. Contact details:	
Email:	elvana.podvorica@hotmail.com elvana.podvorica@rezonanca-rks.com
Tel:	
Mob:	+383 (0) 44 508 487

II. Education and training

Undergraduate Study:

Institution:	University of Pristina Faculty of Medicine Department Nursing and Midwifery
Degree Date:	26.11.2007
Degree :	Bachelor Nursing

Postgraduate Study:

Master Study:

Institution:	University of Pristina Faculty of Medicine Department Nursing and Midwifery
Degree Date:	17.12.2015
Degree/ Master :	Msc. " Management of Health"
Title of Master Thesis :	"Management of Nursing Services and Quality Assessment of Nursing Care in Prishtina"

PhD Study:

Institution:	Republic of Albania Tirana University Medical Faculty of Medical Sciences Technology
Degree Date:	17.12.2016 - 06.10.2021
Degree / Doctorate :	Doctor in Nursing Sciences in the Nursing Profile
Title of PhD Thesis :	NURSING MANAGEMENT IN THE PRISHTINA REGION AS A VALUE IN THE TREATMENT OF HEART DISEASES

Training:

Institution:	UNICEF
Degree Date:	25.08.2018-29.08.2018 "Home care"

Training Course :	Nursing care Quality nursing care Level of national classification.
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III. Preview academic experience:

1	Chronology of gaining academic titles	Year	University	Faculty	Department
a	Junior Assistant				
c	Assistant	2007 - 2019	University of Pristina	Faculty of Medicine	Nursing and Midwifery
d	Lecturer	2012 – 2020	College UNIVERSI	Nursing	Nursing
e	Senior Lecturer	2019-2021	University of Pristina	Faculty of Medicine	Nursing and Midwifery
f	Prof. as.	2022 - 2026	University of Pristina	Faculty of Medicine	Nursing and Midwifery
g	Prof. as.	2021 - 2024	ALMA MATER EUROPAEA / CAMPUS COLLEGE “REZONANCA”		Nursing and Midwifery
h	Prof.				
i	Academic of science				

IV. Subject/s in which you are involved as teaching

N o.	Study Program:	Subject/s
1.	Nursing	Nursing Care 1 Nursing Care 2 Healthcare provision in specific situations Nursing Ethics Education and promotion of health care Communication and interpersonal skills in Nursing and health care Nursing home Palliative care

V. Research activities: Impact Factor Points for Academic Staff

V.A. The data for publications/Citations

No.	Author, title, paper, year, volume, number, pages	"Impact factor" points	Without "Impact factor"	Citation of your publication: Journal, Volum, Number, pages
1	Anxiety and Depression in Patients with Breast Cancer: A Cross-sectional Study	<u>Open Access Macedonian Journal of Medical Sciences</u>		https://orcid.org/0000-0002-7521-5634 <u>Vol. 10 No. G (2022): G - Nursing / Nursing in in Surgery</u>
2	Student's Reasons of Choosing the Bachelor Study Program in Nursing	<u>Open Access Macedonian Journal of Medical Sciences</u>		<u>Vol. 10 No. G (2022): G - Nursing / Nursing Informatics</u>
3	<u>Level of Stress at Nurses Working in Emergency Clinic and Central Intensive Care: University Clinical Centre of Kosovo</u>	<u>Open Journal of Emergency Medicine</u>		<u>Vol.8 DOI: 10.4236/ojem.2020.No.2, June 2020</u>
4	<u>Ambulatory Nurse Education Improves Metabolic Profile and Physical Activity in Patients with Cardiovascular Disease</u>	International Journal of Nursing Education		Volume 12, 2020. Number 4. Pg.55. October – December
5	Education of the Patients Living with Heart Disease	<u>Mater Sociomed.</u>		2021 Mar; 33(1): 10–15. doi: 10.5455/msm.2021.33.10-15
6	The Self-Administered International Prostate Symptoms Score (IPSS) Questionnaire of Kosovo Men with Benign Prostatic Hyperplasia.	<u>Open Journal of Urology</u>		https://doi.org/10.4236/oju.2021.1110036
7	Nursing Assessment and Management in Multiple Incidents in Emergency Clinic at the University Clinical Centre of Kosovo.	International Journal of Open Medicine and surgery.		<u>Research Vol 2 Iss 1. Published: 17 February 2021.</u>

V.B. The data for other publications

V.C. Presentations/Participation in Conferences, Congresses, symposiums, etc.

No.	Author, title, scientific meeting, abstracts book page	Oral present.	Poster present.	Participation
1	Levels of stress and depression in patients with type 1 and type 2 diabetes in primary care: A cross-sectional study	<input checked="" type="checkbox"/>		
2	Nursing management in the region of Pristina as a value in the treatment of heart diseases	<input checked="" type="checkbox"/>		
3	Nursing Care in the treatment of Amblyopia in Republic of Kosovo	<input checked="" type="checkbox"/>		
4	Patient satisfaction- Result of Nursing health services	<input checked="" type="checkbox"/>		
5	Improving patient safety through communication strategy	<input checked="" type="checkbox"/>		
6	Organization and management of nursing services based on patient satisfaction	<input checked="" type="checkbox"/>		

V.D. Scientific Interests:

Topic:	The field of nursing,
Description :	Living of patients with heart disease, education of patients living with chronic diseases, hypertension, diabetes mellitus type 2, lifestyle. Nursing care process, - Infection and Prevention Control - Hand Hygie
Topic:	Home care and palliativ care
Description :	New areas in Kosovar Health and very necessary for the people of Kosovo

VI. Working Experiences:

Institution and location:	Pristina University, Faculty of Medicine, Department of Nursing and Midwifery
Period:	01.10.2007 – 31.06.2021
Position :	Assistant and Lecture
Description :	Module: - Nursing care 1 (Lecture) - Nursing care 2 (Lecture) - Communication and interpersonal skills in Nursing and health care (Lecture) - Nursing home (Lecture) - Palliative care (Lecture) - Health and diseases of the elderly (Asistent) - Health and Adult diseases - Context Clinical practice 1,2 and 3. (Lecturer)
Institution and location:	College Universi
Period:	01.08.2012 –31.06.2020
Position :	Coordinator of the Department of Nursing and Lecturer
Description :	- Nursing care 1 (Lecture)

	<ul style="list-style-type: none"> - Nursing care 2 (Lecture) - Communication and interpersonal skills in Nursing and health care (Lecture) - Nursing home (Lecture) - Palliative care (Lecture) - Nursing Ethics - Healthcare provision in specific situations
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VII. Other Experiences:

A.	Managing experiences, projects managing, etc.	Year	University	Faculty	Department
1	Management and care of TB patients and the role of the nurse in primary care Trainer	2018-2020	CDF		
2	Home care TRAINER	2018-2020	UNICEF CARITAS KOSOVO		
3					

VIII. Additional informations:

Organizational skills and competences:			
Computer skills and competences:			
Language skills: (1 to 5: 1 lowest - 5 fluent)			
Language	Speaking	Writing	Reading
English TOEFEL	A2	A2	A2
Serbo-Croatian	4	2	3

Name and surname: ELVANA PODVORICA

Signature: *E. Podvorica*

Pristina, dt. 25.02.2023