

Curriculum Vitae

I. General Informations:

1. First Name:	Ermira
2. Surname:	Krasniqi Boshnjaku
3. Nationality:	Kosovar
4. Date of Birth	25.03.1987
5. Birthplace-Municipality	Prishtine
6. Gender:	Female
7. Contact details:	
Email:	ermira.krasniqi@rezonanca-rks.com ph.ermirakrasniqi@gmail.com
Tel:	+383 (0) 44 639 993
Mob:	/

II. Education and training

Undergraduate Study:

Institution:	University of Prishtina "Hasan Prishtina", Faculty of Medicine, Republic of Kosovo
Degree Date:	20.07.2010
Degree :	Master of Pharmacy

PhD Study:

Institution:	Medical University of Tirana, Albania
Degree Date:	21.12.2020
Degree / Doctorate :	Dr.sc.
Title of PhD Thesis :	Medication usage, interactions, side effects, adherence and the impact in musculoskeletal health

Institution:	University of Vienna, Austria
Degree Date:	Ongoing
Degree / Doctorate :	PhD
Title of PhD Thesis :	Genetic polymorphisms of vitamin D-related genes and its association with vitamin D status and physical performance in adults aged 45 years and above

Specialization:

Institution:	University "Ss Cyril and Methodius" Skopje, Faculty of Medicine, Department of Pharmacy
Degree Date:	18.10.2016
Specialty:	Specialist of Pharmaceutical Legislation

Training:

Training	<ul style="list-style-type: none">Women in business program 30th May – 11th December 2014, organized by RTC, financed by IFC (International Finance Corporation – World Bank Group); Individual project "New pharmaceutical product development"Requirements interpretation of the standard ISO/IEC 17025:2005 3rd – 6th December 2014, by TreLab;
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	<ul style="list-style-type: none"> • GPP "Good Pharmacy Practice" 19th -29th October 2013, by TrePharm, Ministry Of Health and Kosova Medicines Agency • Pharmacovigilance and Adverse Drug Reactions 29th – 30th June 2013, by University of Prishtina, Kosova Pharmaceutical Society and Kosovo Medicines Agency; • “Ultrasound in the Emergency Department” 14th-15th November 2011, by University Clinical Center, The Emergency Department, NYU School of Medicine, WHO – Office Prishtina. Under the auspices of the Ministry of Health, Republic of Kosovo; • Justice and Medicine - Scientific, Social and Ethical Challenges" Prof. Kate Pickett (Department of health Sciences, The University of York) and Richard G.Wilkinson (University of Nottingham); 18th August – 3rd September 2011, European Forum Alpbach, Austria; • "The Biological of Altruism, Justice and Morality" Prof. Ludwig HUBER (Department of Cognitive Biology, Faculty of Life Sciences, University of Vienna) and Carel Van Schaik (Anthropological Institute & Museum, University of Zurich); 18th August – 3rd September 2011, European Forum Alpbach, Austria; • Summer School "Child and Adolescent Psychiatry Diagnostic and Intervention”, 1st – 22th July 2011, by University of Prishtina; • Workshop "Globalize this: Health" & plenary sessions - speakers: Dr. Aron Bernstein, Sima Samar, Dr. Hans Rosling, Sir. Michael Marmot and His Royal Highness the Crown Prince of Norway, 11th to 20th February 2011; • Seminar 1 " Cancer research and cancer care - Construction and reality" - Prof. Michael Grant and Prof. Anthony Howell, 19th August to 2nd September, European Forum Alpbach, Austria.
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III. Preview academic experience:

1	Chronology of gaining academic titles	Year	University	Faculty	Department
a	Junior Assistant	2012	College of Medical Sciences “Rezonanca”	Pharmacy	Pharmacy
c	Assistant	2014	College of Medical Sciences “Rezonanca”	Pharmacy	Pharmacy
d	Lecturer	2016	College of Medical Sciences “Rezonanca”	Pharmacy	Pharmacy
e	Senior Lecturer	2017	“Universi” College	Nursing	Nursing
f	Prof. Ass.	2021	Alma Mater Europaea Campus Colege “Rezonanca”	Pharmacy	Pharmacy

IV. Subject/s in which you are involved as teaching

No.	Study Program:	Subject/s
1.	Master of Pharmacy	Research methods in pharmacy
2.	Bachelor of Community Pharmacy	Pharmaceutics
3.	Bachelor of Community Pharmacy	Drug Regulatory Affairs

V. Research activities: Impact Factor Points for Academic Staff

V.A. The data for publications/Citations

No.	Author, title, paper, year, volume, number, pages	"Impact factor" points	Without "Impact factor"	Citation of your publication: Journal, Volum, Number, pages

1	Krasniqi E , Ascevska J, Brezovska K, Boshnjaku A, Dimitrovska A. A Scoping Review of Regulatory Guidelines for the Assurance of Medicinal Product Quality throughout their Lifecycle. Macedonian pharmaceutical bulletin, 68 (Suppl 1) 73- 74 (2022)			
2	Boshnjaku A, Bahtiri A, Feka K, Krasniqi E , Tschan H, Wessner B. Impact of Using Population-Specific Cut-Points, Self-Reported Health, and Socio-Economic Parameters to Predict Sarcopenia: A Cross-Sectional Study in Community-Dwelling Kosovans Aged 60 Years and Older. J. Clin. Med. 2022, 11, 5579. https://doi.org/10.3390/jcm11195579 ;	4.964		
3	Boshnjaku A, Krasniqi E* . Bone/Muscle Interaction as a Good Biomarker for Lifespan and Quality. Geriatr Orthop Surg Rehabil. 2022. 3;13:21514593221111646. https://doi.org/10.1177/21514593221111646	1.924		
4	Krasniqi, E. ; Boshnjaku, A.; Wagner, K.-H.; Wessner, B. Association between Polymorphisms in Vitamin D Pathway-Related Genes, Vitamin D Status, Muscle Mass and Function: A Systematic Review. Nutrients 2021, 13, 3109. https://doi.org/10.3390/nu13093109	6.706		
5	Boshnjaku, A.; Krasniqi, E. ; Tschan, H.; Wessner, B. ACTN3 Genotypes and Their Relationship with Muscle Mass and Function of Kosovan Adults. Int. J. Environ. Res. Public Health 2021, 18, 9135. https://doi.org/10.3390/ijerph18179135	4.614		
6	Boshnjaku, A.; Bahtiri, A.; Feka K, Krasniqi, E. ; Tschan, H.; Wessner, B. Test-retest reliability data of functional performance, strength, peak torque and body composition assessments in two different age groups of Kosovan adults. Data Brief. 2021 Mar 23;36:106988. doi: 10.1016/j.dib.2021.106988. eCollection 2021 Jun.	1.38		
7	Boshnjaku, A.; Krasniqi, E. Life expectancy's relationship with behavioral factors and polypharmacy in Western Balkan countries. Mac. Pharm. Bull. Vol. 66(1) 2020; ISSN 1409 – 8695. UDC:613.292:577.112.37			
8	Krasniqi, E. et al. Pattern and factors associated with medicines usage in middle-aged adults: a population based cross-sectional study. Folia Medica 2018;60(3): doi: 10.2478/foimed-2018-0004.	0.84		
9	Krasniqi, E. et al. The Association between N02BE, C07A and C09A medicines group usage and musculoskeletal health amongst 40-65 years old males and females in a developing country. Gazz Med Ital - Arch Sci Med. 177(9):430-4. DOI: 10.23736/S0393-3660.17.03594-X.	0.14		
10	Krasniqi, E. et al. Side to side differences between dominant and non-dominant arm's bone density and isometric handgrip strength in males and females aged 40-65 years old. Mater Sociomed. 2016 Oct; 28(5): 333-337; doi: 10.5455/msm.2016.28.333-337	0.9		
11	Krasniqi, E. et al. Musculoskeletal Health of 40-65 Year Old Males and Females in Kosova and the Impact of N05B, A02B (PPI, H2RA), H02AB and Lifestyle Factors on It. Med Arch. 2016 Oct; 70(5): 359-363; doi: 10.5455/medarh.2016.70.359-363			
12	Krasniqi, E. et al. Approved health claims for amino acids in/as food supplements. Pharmaceutical Macedonian Bulletin 2016; 62(1) 35 – 46; ISSN 1409 – 8695; UDC:613.292:577.112.37			
13	Boshnjaku A, Dimauro I, Krasniqi E , Grazioli E, Tschan H, Migliaccio S, et al. Effect of sport training on forearm bone sites in female handball and soccer players. J Sports Med Phys Fitness 2016;56:1503-10	1.637		

14	Krasniqi F, Kabashi Sh, Krasniqi E , Boshnjaku A. International River Weekend in Kosova. UNIVERSI - International Journal of Education, Science, Technology, Innovation, Health and Environment. 2015. 1(4):124-132			
15	Krasniqi E et al. Medication use, self-medication, and the possibility of drug-drug interactions with consequences in side effects and reducing of therapeutic efficacy" Mjekesia Bashkekohore. 2015. 17			
16	Krasniqi E et al. Prescription of Glucocorticoids, Drugs for Peptic Ulcer and Gastro Oesophageal Reflux Disease, Psycholeptics, Antidepressants and Antiepileptics in the Specialized Rheumatology Department within Tertiary Healthcare Level in Kosovo. UNIVERSI-International Journal of education, Science, Technology, Innovation, Health and Environment. 2015. 1(3):214-224			
17	Krasniqi E et al. Trends of A02B Drugs Prescription in the Unit of Gastroenterology of the University Clinical Center of Kosova. UNIVERSI-International Journal of education, Science, Technology, Innovation, Health and Environment. 2015. 1(3): 225-233			
18	Kabashi A, Ahmetgjekaj I, Muqaj-Kabashi S, Krasniqi E . Silent intraventricular tumor – case report. UNIVERSI-International Journal of education, Science, Technology, Innovation, Health and Environment (ISSN: 1857-9450) Volume 01-Issue 03, UDC: 616.831 – 006.6. August 2015			
19	Kabashi A, Ahmetgjekaj I, Krasniqi E . Creutzfeldt-Jacob disease - cases reports. UNIVERSI-International Journal of education, Science, Technology, Innovation, Health and Environment (ISSN: 1857-9450) Volume 01-Issue 03, UDC: 616.831 – 073.763.5. August 2015			
20	Krasniqi E , Boshnjaku A. “Amyotrophic lateral sclerosis and it’s rehabilitation” (orig. Skleroza amiotrofike laterale dhe rehabilitimi i saj). Scientific Journal of Contemporary Medicine and Nursing Care, (official journal of the Faculty of Technical Medical Sciences, University of Tirana, Albania). 2013. 11:82-87			
TOTAL:				

V.C. Presentations/Participation in Conferences, Congresses, symposiums, etc.

No.	Author, title, scientific meeting, abstracts book page	Oral present.	Poster present.	Participation
1	Krasniqi E , Boshnjaku A, Wagner KH, Wessner B. Vitamin D deficiency is associated with polymorphisms in the vitamin D binding protein as well as behavioral factors in Kosovan males and females. ESPEN 22-ABS-1277. 03-06.09.2022		<input checked="" type="checkbox"/>	
2	Krasniqi E , Ascevska J, Brezovska K, Boshnjaku A, Dimitrovska A. A Scoping Review of Regulatory Guidelines for the Assurance of Medicinal Product Quality throughout their Lifecycle. 7th Congress of Pharmacy in North Macedonia: Modern trends in pharmacy opportunities and challenges. Macedonian Pharmaceutical Association. 05-09.10.2022.		<input checked="" type="checkbox"/>	
3	Krasniqi E , Boshnjaku A, Wessner B. Age-related changes in physical performance - A three-year follow-up study in Kosovo. Annual Congress of the ECSS. September 08-10. 2021.	<input checked="" type="checkbox"/>		
4	Krasniqi E , Boshnjaku A, Wagner K.H, Wessner B. FokI and TaqI polymorphisms in the vitamin D receptor gene affect muscle strength and	<input checked="" type="checkbox"/>		

	function of Kosovan adults. 25nd Annual Congress of the ECSS. October 29-30 2020.			
5	Krasniqi E et al. Association between polymorphisms in vitamin D pathway-related genes, vitamin D status, muscle mass and function: a systematic review. International Conference “Active Ageing in a Developing Society”, Republic of Kosovo, 13th September 2019	☑		
6	Krasniqi E et al. Association between polymorphisms in vitamin D pathway-related genes, vitamin D status, muscle mass and function: a systematic review. 24nd Annual Congress of the ECSS, Prague/Czech Republic, July 3-6 2019. ISBN 978-3-9818414-2-8		☑	
7	Krasniqi E et al. Pharmaceutical quality, product lifecycle management and public health: An overview. Pharmacy Transformation and Pharmaceutical Care, Prishtinë, June 2019.	☑		
8	Krasniqi E et al. The association between N02BE, C07A dhe C09A medicines group usage and musculoskeletal health amongst 40-65 years old males and females in a developing country. Annual Science Conference “Java e Shkencës” MASHT Prishtinë 2018	☑		
9	Krasniqi E et al. Activity and behavioral patterns associated with medicines usage in middle-aged adults: a population based cross-sectional study. 22nd Annual Congress of the ECSS, 05-08.07.2017, Essen, Germany. (08.07.2017).	☑		
10	Boshnjaku A, Bahtiri A, Fekaj K, Krasniqi E , Tschan H, Wessner B. An applicability study of functional and laboratory fitness tests for elderly to younger Kosovan adults. 22 nd Annual Congress of the ECSS, 05-08.07.2017, Essen, Germany. (08.07.2017).	☑		
11	Krasniqi E et al. Musculoskeletal Health of 40-65 Year Old Males and Females in Kosova and the Impact of N05B, A02B (PPI, H2RA), H02AB and Lifestyle Factors on It. 2nd Conference of Pharmacy 06. 2017.	☑		
12	Krasniqi E et al. Pattern and factors associated with medicines usage in middle-aged adults: a population based cross-sectional study. Annual Science Conference “Java e Shkencës” MASHT Prishtinë 2017.	☑		
13	Krasniqi E et al. Side to Side Differences Between Dominant and Non-dominant Arm’s Bone Density and Isometric Handgrip Strength in Males and Females Aged 40-65 Years Old. Annual Science Conference “Java e Shkencës” MASHT Prishtinë 2017.	☑		
14	Krasniqi E , Petruvaska-Tozi L, “Approved health claims for amino acids in/as food supplements” 6th Congress of Pharmacy in Macedonia, June 2016.	☑		
15	Krasniqi E et al. Impact between medication usage, physical activity, nutritional status and osteomuscular health in male and female adults aged 40-65 years in Kosova. 21 st Annual Congress of the ECSS, 06-09.07.2016, Vienna Austria.	☑		
16	Boshnjaku A, Krasniqi E , Kabashi A. Side to side differences in dominant versus nondominant arm in BMD, Tscore and Zscore and isometric handgrip strength males and females aged 40-65 years old in Kosova. 21 st Annual Congress of the ECSS, 06-09.07.2016, Vienna Austria.	☑		
17	Krasniqi E et al. Prescription of glucocorticoids, frugs for peptic ulcer and gastroesophageal reflux disease, phycholeptics, antidepressants and antiepileptics in the specialised rheumatology department within tertiary healthcare level in Kosova. 2nd HARC Conference on translational research in healthy ageing. May 11th – 13th, 2016. Lodz, Poland.	☑		
18	Krasniqi E et al. Trends of A02B drugs prescription in the unit of gastroenterology of the university clinical center of Kosova. International Congress of Medical Sciences, Kiscoms 6, 06-08 Maj 2016, Prishtinë.	☑		
19	Boshnjaku A, Dimauro I, Krasniqi E , Tschan H, Migliaccio S, Grazioli E, Diliugi L, Caporossi D. Effects of wheight bearing exercise on	☑		

	forearm bone sites of hanbol and soccer female players. 20th Annual Congress of the Euroean College of Sport Science, 24 th – 27 th June 2015, Malmo, Sweeden.			
20	Krasniqi E , Boshnjaku A, “Placebo effect from the application of inert spray without any pharmacological content” International Congress of Biomedical Sciences, Republic of Albania 1 st to 4 th May 2013.	<input checked="" type="checkbox"/>		
21	Krasniqi E , Boshnjaku A. “Placebo Effect of Inert spray to muscular fatigue induced experimentally” 3rd International Students Congress for Medical Sciences – KISCOMS III – MACEDONIA 9th to the 13th May 2012.	<input checked="" type="checkbox"/>		
22	Boshnjaku A, Krasniqi E . “Treating cervicobrachialis syndrome with the therapeutic combination analgesic muscle relaxant, TENS and kinesiotherapy”, 1st Rheumatology Congress of Kosova, 1-2.11.2012.	<input checked="" type="checkbox"/>		

V.D. Scientific Interests:

Topic:	Pharmaceutics
Description :	Dosage form design, dealing with specifics of turning a new chemical entity into a medication able to be safely and effectively used by patients in the community.
Topic:	Pharmaceutical Legislation and Pharmacovigilance
Description :	Activities related to legal, administrative, and technical measures that governments take to ensure the safety, efficacy, and quality of medicines, as well as the relevance and accuracy of product information” (Lezotre, 2013)
Topic:	Nutrition, Genetics, Ageing, Exercise
Description :	Assessment of the association between vitamin D status, genetic polymorphisms in vitamin D-related genes and functional performance in adults. Taking into consideration different covariates such as gender, age, nutritional intake, physical activity and health status, while analyzing the frequency of genetic variants.

VI. Working Experiences:

Institution and location:	College of Medical Sciences “Rezonanca”, Prishtine, Republic of Kosovo
Period:	2012-present
Position :	Assistant / Lecturer / Professor Assistant
Description :	Subjects: “Pharmaceutics”; “Research methods in pharmacy”; “Drug Regulatory Affairs”
Institution and location:	Pharmaceutical Company “MediMax”, Prishtine, Kosovo
Period:	2018- present
Position :	Expert of Regulatory Affairs, Pharmacovigilance and Quality Assurance
Description :	Registration of medicinal products at the KMA (Kosovo Medicines Agency). Monitoring of regulations and guidelines for assuring that the company and its products are following all the legal changes and updates. Monitoring and reporting medicines side effects.
Institution and location:	“Universi” College, Prishtinë, Kosovo
Period:	2017-2020
Position :	Lecturer
Description :	Subject “Pharmacology”
Institution and location:	Pharmaceutical Manufacturer “TrePharm”, Prishtine, Kosovo
Period:	2011-2016 / 2011-2018 / 2016-2018
Position :	Regulatory Affairs Responsible Person for Pharmacovigilance (QPPV) Quality Assurance

Description :	-) Registration of medicinal products at the KMA (Kosovo Medicines Agency). Monitoring of regulations and guidelines for assuring that the company and its products are following all the legal changes and updates -) Pharmacovigilance System & Drug Safety Reports -) Quality Assurance System / Quality Management System. Planning and administration of intern and extern audits, management of deviations and change control. Compliance with the GMP (Good Manufacturing Practice) requirements 'EudraLex - Volume 4 - Good Manufacturing Practice (GMP) guidelines.

VII. Other Experiences:

A.	Managing experiences, projects managing, etc.	Year	University	Faculty	Department
1	"Mentoring our Future Program 2021-2022", implemented in cooperation with Kosovo United States Alumni (KUSA) and it's funded by the U.S. Embassy Prishtina. The main aim of the program is facilitating the transfer of professional knowledge and experience between established professionals and Kosovar students. Mentor	2021-2022	University of Prishtina		
	"HERAS+ – Higher Education, Research and Applied Science Plus (Kosovo)", Research Cooperation and Networking between Austria, Kosovo and the Western Balkan Region". Project "Physical fitness, anthropometric and nutritional status of young Kosovan adults – an 8-yr follow-up study". Researcher from University of Vienna	2021-2023	University of Vienna	Faculty of Natural Sciences	
1	University Support Grants Program, United States of America Embassy in Prishtina, Kosovo. "Health status of older people in Kosovo by measuring biochemical and genetic contributors" Researcher from University of Vienna	2018-2019	University of Vienna	Faculty of Natural Sciences	
2	EUFORIA - Entrepreneurial Universities for Industry Alliances. Co-funded by the Erasmus+ Programme of the European Union	2016-2018	/	/	/
3	Scientific Grant - Grant of Scientific Council publications to finance the publication of scientific paper in impact factor magazine (Gazz Med Ital - Arch Sci Med. 3594).	2017	/	/	/
4	Short-term Mobility Grant, for participation in the Congress of European College of Sport Sciences in Germany (ECSS 2017).	2017	/	/	/
5	Scientific Grant - Grant of Scientific Council publications to finance the publication of scientific paper in impact factor magazine (Mater Sociomed. 2016 Oct; 28(5): 333-337; doi: 10.5455/msm.2016.28.333-337).	2016	/	/	/
B.	Mobility / reasons	Year	University	Faculty	Department
1	HERAS - Centre for Social Innovation, Austria. "Socioeconomic, lifestyle and genetic factors related to the age-related loss of muscle mass and function (sarcopenia) in Kosovan men and women aged 60 years	2018-2019	University of Vienna	Faculty of Natural Sciences	

	and above” - data and samples collection and genetic samples transport to the Lab in Vienna				
2					
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C.	Members of Associations	Status in Association	Year
1	American Chamber of Commerce in Kosovo (AmchamKosovo), Prishtine, Kosovo	Deputy Chair of the Health Care Committee	2011-2018

VIII. Additional information:

Computer skills and competences:	Microsoft word, SPSS Package		
Language skills: (1 to 5: 1 lowest - 5 fluent)			
Language	Speaking	Writing	Reading
English	5	5	5
German	3	3	3

Name and surname: Ermira Krasniqi

Signature _____

Pristina, dt. 25.02.2023