

Curriculum Vitae

I. General Informations:

1. First Name:	Nderim
2. Surname:	Rizanaj
3. Nationality:	Kosovar
4. Date of Birth	08.05.1982
5. Birthplace-Municipality	Prizren
6. Gender:	M
7. Contact details:	Rr: Turgut Özal. Pallati 11- HAB nr. 20 Hyrja C
Email:	nderim.rizanaj@rezonanca-rks.com nderimed@hotmail.com
Tel:	
Mob:	+38344520777

II. Education and training

Undergraduate Study:

Institution:	Faculty of Medicine –Tirana, Albania
Degree Date:	31.07.2009
Degree :	Integrated diploma of the second level of general medicine, General Practioner (GP)

Postgraduate Study:

Master Study:

Institution:	
Degree Date:	
Degree/ Master :	
Title of Master Thesis :	

PhD Study:

Institution:	European University of Tirana, Albania
Degree Date:	02.05.2017
Degree / Doctorate :	Social Sciences, profile Psychology - Pedagogy
Title of PhD Thesis :	The impact of personality traits and lifestyle on the level of stress in patients with hypertension

Specialization:

Institution:	Faculty of Medicine - Prishtina
Degree Date:	14.02.2017
Speciality :	Family Medicine

Subspecialization:

Institution:	
Degree Date:	
Subspeciality :	

Training:

Institution:	Albania Ultrasound Training Clinic Erton Tirana
Degree Date:	May- June 2019
Training Course :	ABDOMINAL ULTRASOUND hands-on training

III. Preview academic experience:

1	Chronology of gaining academic titles	Year	University	Faculty	Department
a	Junior Assistant				
c	Assistant				
d	Lecturer	October 2019 September	Heimerer College Prishtina	Heimerer College Medicine	Nurse faculty Master Psychology
e	Senior Lecturer				
f	Prof. as.	2021	College of Medical Sciences "Rezonanca" Pristina	College of Medical Sciences "Rezonanca" Pristina	Laboratory Biochemistry Physiotherapy
g	Prof. asoc.				
h	Prof.				
i	Academic of science				

IV. Subject/s in which you are involved as teaching

No.	Study Program:	Subject/s
1.	Laboratory Biochemistry	Human Psychology
2.	Physiotherapy	Introduction to Psychology
3.	Communication Skills	Doctor of Dentistry

V. Research activities: Impact Factor Points for Academic Staff

V.A. The data for publications/Citations

No.	Author, title, paper, year, volume, number, pages	"Impact factor" points	Without "Impact factor"	Citation of your publication: Journal, Volum, Number, pages
1.	PERSONALITY AND STRESS AMONG HYPERTENSIVE PERSONS IN THE REGION OF PRIZREN Progressive Academic Publishing,UK Vol 3No.4,2015 ISSN 2056-5429 NDERIM RIZANAJ PhD candidate. European University of Tirana Tirana, Albania Social Science, KOSOVO Erika Melonashi, PhD European University of Tirana ALBANIA, Agron Bytyqi, MScPH General Hospital of Prizren KOSOVO			
2.	Eating and Drinking Habits in Patients with Hypertension in Prizren NDERIM RIZANAJ PhD candidate European University of Tirana Tirana, Albania European Academic Research, Vol. III, Issue 2 May 2015 ISSN 2286-4822, Rumania			
3.	LIFE STYLE IMPORTANCE AT PERSONS WITH HIGH BLOOD PRESSURE IN PRIZREN REGION, NDERIM RIZANAJ PhD candidate. European University of Tirana Tirana, Albania. International Scientific Journal Diskutime Viti IV. No.16, 2015 ISSN 1857-825X			
4.	An explanatory model for stress among patients with hypertens with hypertension in Kosovo. NDERIM RIZANAJ PhD candidate. European University of			

	Tirana Tirana, Albania, Erika Melonashi, PhD European University of Tirana ALBANIA ICTEA 2015, The 4-th International Multidisciplinary Conference on Integrating Science in New Global Challenges. Proceedings book 27-29 Mars 2015 ISBN: 978-9928-4221-5-6 Dubrovnik, Croatia			
5.	Eating habits and Physical activity in patients with hypertension in Kosovo NDERIM RIZANAJ PhD candidate. European University of Tirana Tirana, Albania, Erika Melonashi, PhD European University of Tirana ALBANIA ICTEA 2015, The 4-th International Multidisciplinary Conference on Integrating Science in New Global Challenges. Proceedings book 27-29 Mars 2015 ISBN: 978-9928-4221-5-6 Dubrovnik, Croatia			
6.	UET Albanian Days 24-26 April 2015 LIFE IMPACT OF PATIENTS WITH ARTERIAL HYPERTENSION IN PRIZREN REGION NDERIM RIZANAJ, PhD student, European University of Tirana www.uet.edu.al ISBN 978-9928-190-43-7			
7.	Albshkenca Conference 2013 a test of the application of the belief model for health: reflection on health psychology. Nderim rizanaj Phd candidate co-author. Albshkenc Conference. http://iash-takimet.org/tv2013/home/			
8.	ICS XXIII, 23-rd International Conference on Interdisciplinary Studies Post Pandemic World: Towards a Digital Society'' 2-3 April 2021, Brussels. Presentation Certificate Nderim Rizanaj for presenting the scientific contribution titled: Impact Analysis of the Subscale of Aggresion in Depression and Anxiety, Among Adolescents Aged 16-18 Years https://euser.org/icis23			
9.	Health Service Management and Patient Safety in Primary Care during the COVID-19 Pandemic in Kosovo	Co-autor 2023		

10.	Kolegji Heimerer Certificate Nderim Rizanaj has active successfully attended the 11 th International Symposium of Health Sciences on September 19, 2020 in Prishtina, Republic of Kosovo. Title: Psychological effects of Covid 19 on students https://kolegji-heimerer.eu/			
	TOTAL:	13		

V.B. The data for other publications

No.	Title, Specification	Year
1.	Association of Family Doctors, oral presentation at the Family Medicine Center in Prizren on the topic "Cold and Flu" on 08.02.219 Prizren. https://omk-rks.org/event/asociacioni-i-mjekeve-familjar-te-kosoves/	2019
2.	Effects of Physical Activity on Controlling Blood Pressure Among Hypertension Patients at the Region of Prizren, Certificate of presentation, ICSS XIII 13 th International conference on social sciences 06-07 October 2017, Vienna Austria, office@icss-euser.org	2017
3.		
4.		

V.C. Presentations/Participation in Conferences, Congresses, symposiums, etc.

No.	Author, title, scientific meeting, abstracts book page	Oral present.	Poster present	Participation
1.	University Maribor Faculty of Health Sciences. Nderim Rizanaj receives, Certificate for active participation at the Online International Scientific Conference entitled LEARNING to Live and Work Together, Maribor, 10-th June 2021 https://www.fzv.um.si/en/online-international-scientific-conference-%E2%80%9Clearning-live-and-work-together%E2%80%9D	<input checked="" type="checkbox"/>		
2.	ICS XXIII, 23-rd International Conference on Interdisciplinary Studies Post Pandemic World: Towards a Digital Society” 2-3 April 2021, Brussels. Presentation Certificate Nderim Rizanaj for presenting the scientific	<input checked="" type="checkbox"/>		

	contribution titled: Impact Analysis of the Subscale of Aggression in Depression and Anxiety, Among Adolescents Aged 16-18 Years https://euser.org/icis23			
3.	<p>Dear corresponding author Nderim Rizanaj,</p> <p>We are glad to inform you that your scientific proposal titled The Relationship Between Personality Traits and Stress at Work has been finally accepted and your letter has been emailed to you just now. 31st International Multidisciplinary Conference "Recent Studies and Ideas"</p> <p>Join us at ICMS XXXI in Luxembourg Nov 18, 2022 - Nov 19, 2022</p> <p>Maison du Savoir, Campus Belval, University of Luxembourg</p> <p>Thank you for the collaboration.</p> <p>Organizing Committee</p> <p>ICMS XXXI</p>	<input checked="" type="checkbox"/>		
4.				
		<input checked="" type="checkbox"/>		

V.D. Scientific Interests:

Topic:	Psychology
Description :	Personality
Topic:	Health Psychology
Description :	Stress management

VI. Working Experiences:

Institution and location:	
Period:	September 2009 -2011
Position :	Professor of Medical Subjects
Description :	Directorate of Education Prizren, Medical High School in the School "Luciano Motroni", Prizren
Institution and location:	The Development Centre of Family Medicine – Prishtina
Period:	2018 -continue
Position :	Lecturer- Trainer / Clinical Mentor

Description :	11 Modules of the Specialistic Programme from the Family Medicine
Institution and location:	Private hospital "Ortomedica" Prizren
Period:	2017 to 2019
Position :	Family Medicine Specialist
Description :	Specialized in surgery, gynecology and advanced orthopedics

VII. Other Experiences:

A.	Managing experiences, projects managing, etc.	Year	University	Faculty	Department
1	Health Service Management and Patient Safety in Primary Care during the COVID-19 Pandemic in Kosovo	2021	(Associate from Heimerer College led by Ghent University (Belgium).	Nurse	Psychology
2	STRESS AND TRAUMA in the THTP project - improving the stress and Trauma sensitive approach to health services for women and girls affected by gender-based violence and sexual violence.	2020-2021			
3					
4					
5					

B.	Mobility / reasons	Year	University	Faculty	Department
1					
2					
3					

C.	Members of Associations	Status in Association	Year
1	Association of Family Physicians of Kosova	Membership	2007-2020

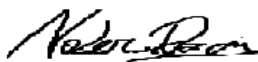
2	Kosovo Chamber of Physicians	Membership	2018-
3	Director of the board for quality control in the primary service, association of family doctors	Director of the Board AMFK (Dr.Sci).	2022-2027
4			
5			

VIII. Additional informations:

Organizational skills and competences:	Exelent		
Computer skills and competences:	Exelent		
Language skills: (1 to 5: 1 lowest - 5 fluent)			
Language	Speaking	Writing	Reading
English	Fluent	Fluent	Fluent
German	Fluent	Fluent	Fluent
Serbo-Croatian	Good	Good	Good

Name and surname: Nderim Rizanaj

Signature



Pristina, dt. 24.02.2023